

Diabetes Program at Sand Run Pharmacy on March 15th

Date: March 15th, Tuesday

Time: 5:30 - 7:00 PM

Location: At the Pharmacy

Presenter: Registered Dietitian/Certified Diabetes Educator



Learn About:

- ⇒ What diabetes is
- ⇒ The importance of checking blood sugar levels
- ⇒ A1C and how it affects blood sugar
- ⇒ Meal Planning and exercise
- ⇒ Medical Tests
- ⇒ Types of medication that help manage blood sugar

***** Free of charge *****

To sign up call (330) 864-2138 or sign up at the pharmacy counter!
Walk-ins are welcome

Upcoming Events

| March 2016 | | | | | | |
|------------|--------|---------|-----------|----------|--------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 ★ | 14 | 15 ★ | 16 | 17 | 18 | 19 ★ |
| 20 | 21 | 22 ★ | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Sunday, March 13th: Daylight Savings Time Begins



Tuesday, March 15th: Diabetes Education at SRP

Saturday, March 19th: Pet Expo @ Summit Mall

Featuring vendors, pet adoption groups, and trainers

All proceeds go to

Pawsibilities Humane Society of Greater Akron

Tuesday, March 22nd: Senior Lunch Series, Presented by 107.3 The Wave

The Galaxy Banquet Center in Wadsworth
For more information visit: 1073thewave.net

10 "poison pills" for your pets



March is also poison prevention month! Here are the 10 most common human medications that can be poisonous to your pets:

1. Ibuprofen
2. Tramadol
3. Alprazolam
4. Adderall
5. Zolpidem
6. Clonazepam
7. Acetaminophen
8. Naproxen
9. Duloxetine
10. Venlafaxine

If you have a concern, talk to your vet!

Sand Run Pharmacy Hours:

Monday - Friday: 9 am - 7 pm

Saturday - 9 am to 2 pm

Sunday: Closed



We're on the Web!

Visit our website at:

www.sandrunpharmacy.com

and read our latest blog articles or refill your prescriptions!