

# SAND RUN PHARMACY

August 2014



## Measles, Mumps and Rubella update, are you protected?

Due to the recent outbreaks of measles and mumps in Ohio, pharmacists are now able to administer the MMR vaccine to people 18 years or older.

#### What is the MMR vaccine?

- MMR is a vaccine covering measles, mumps and rubella given as two separate injections for those who have not been vaccinated, or a single booster for those requiring additional protection.
- Sand Run Pharmacy can now administer MMR vaccine to people 18 and older without a prescription.

#### Who should get vaccinated?

- Children should receive their first dose when they are 12-15 months old and their second at 4 -6 years old.
- Older children and adults born after 1957 who have not been vaccinated should receive the two-dose series at least 28 days apart.
- Adults born prior to 1957 are assumed to be immune and do not need vaccinated unless they work in a high risk area where they can transmit the virus to others, such as a hospital or school, in which case they should receive the two-dose series of MMR.
- If you don't know or can't find documentation, it is safe to receive the MMR vaccine a second time.

#### Measles

Measles begins with a fever, red eyes, cough and a rash starting from the head and moving down to the feet. Complications include seizures, ear infection, pneumonia and death. People infected with measles are contagious from 4 days before the rash through 4 days after the rash begins. Cases have recently been reported in Ashland, Coshocton, Holes, Knox, Richland and Stark counties.

#### <u>Mumps</u>

Mumps starts with a fever, headache, fatigue and swollen glands under the ears. Complications include swelling of the brain, deafness, swelling of the testicles in males, and swelling of breasts and ovaries in females. The mumps are infectious for 4 days before the glands begin to swell and up to 5 days after the swelling begins. Cases have recently been reported in Fairfield, Delaware, Franklin, Licking, Morrow and Pickaway counties.

#### <u>Rubella</u>

Rubella starts with a fever, headache, and a rash similar to the mumps rash. Complications include arthritis, ear infection and most importantly congenital rubella syndrome, which happens when a pregnant mother becomes infected. This can cause a large number of birth defects. There haven't been any recent reports of a rubella outbreak, however an outbreak is possible if vaccination rates continue to drop.





#### 9-27-2014

 $Sign \ up \ for \ the \ marathon, \ half \ marathon \ or \ team$   $relay \ online \ at \ \underline{www.akronmarathon.org}$ 

If running isn't your thing you can still sign up to volunteer or be a sponsor!

We are doing our part! Sand Run Pharmacy is a Blue Line Charity Partner sponsor of the Haslinger Family Pediatric Palliative Care Center at Akron Children's Hospital.

# Sand Run Pharmacy Labor Day Holiday Hours:

Saturday, August 30th: 9am to 2 pm

Monday, September 1st: Closed

Tuesday, September 2nd: 9am to 7pm

### **Employers**

That time of the year is coming up! It is time to schedule your annual flu vaccine clinic with Sand Run Pharmacy!

Email Tom at TLamb@sandrunpharmacy.com to reserve a date and time.



We will begin administering flu vaccines to patients at Sand Run Pharmacy on September 2nd!

#### **WAKR Senior Luncheon**

Enjoy lunch, entertainment, and health information on August 6 at the St. George Fellowship Centre, 3204 Ridgewood Road in Copley, doors open at 11am. Reservation required.

Tickets are \$12 and can be purchased at the WAKR station at 1795 W. Market St. Akron, OH 44313 or by sending a check made payable to WAKR Senior Lunch to the WAKR station. Questions? Call 330-869-9800 for more information.







Get to know your neighbor.

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