

## Guide to Adult Immunizations

### CDC Suggested Adult Immunizations 65 years and older

- Influenza\*\*
  - 1 dose yearly, often Oct-May
  - Covered by most insurances\* including Medicare B (co-payment or \$15-40)
- Tetanus, diphtheria, pertussis (Td/Tdap)\*\*
  - 1 dose
    - Tdap if in contact with <12 month old children
    - Otherwise Td or Tdap
  - Covered by most insurances\* (co-payment or \$25-60)
- Zoster\*\*
  - 1 dose
  - Medicare part D and most insurances\* (co-payment or \$200-250)
- Measles, mumps, rubella (MMR)
  - 1 dose needed only if high risk
  - Covered by some insurances\* (co-payment or \$150-200)
- Pneumococcal\*\* (2 doses per lifetime)
  - 1 dose
  - Most insurances\* including Medicare part D (co-payment or \$60-65)
- Meningococcal
  - 1+ doses needed only if high risk
  - Most insurances\* (co-payment or \$100-150)
- Hepatitis A\*\*
  - 2 doses needed only if high risk
  - Some insurances\* (co-payment or \$60-300)
- Hepatitis B\*\*
  - 3 doses needed only if high risk
  - Some insurances and Medicare B (co-payment or \$120-370)

Contraindications: Varicella, Zoster, and MMR not to be used in persons who are pregnant or are immunocompromised (HIV, AIDS)

\*\* May be administered by a certified pharmacist, all vaccines should be otherwise be available through your primary physician

\* Most insurances refers to nation wide insurances questioned (Aetna, Medica, Blue Cross and Blue Shield, United Healthcare etc.)

Co-payments are decided by insurance carrier and cash prices are based on national averages