# SAND RUN PHARMACY

### **National Immunization Awareness**

August 2015



August is National Immunization Awareness month. It's that time of the year when Sand Run Pharmacy makes getting the **flu shot** smooth and easy. While the flu shot is an important vaccine that helps reduce the risk of hospitalizations and complications, the pneumonia vaccine is another we should keep in mind this vaccine season.

It is estimated that 175,000 cases of pneumococcal pneumonia occur each year. With a fatality rate of 5-7% or even much higher among the elderly. All adults 65 years and older who have not previously received **Previnar 13** are recommended by the CDC to be immunized. Adults 19 years and older with certain medical conditions are also recommended to received Previnar 13.

Depending on when you received the Pneumovax 23 in the past, you may be eligible to received the new vaccine. If you have any questions, feel free to contact the pharmacy or speak with Tom or Jason about the vaccine.



BACK TO SCHOOL protect your student at every age!

The Center for Disease Control (CDC) recommends that all students entering their first year of college and taking up residence in dormitories receive the **meningococcal vaccine**. Living in close quarters with others, puts students at an increase risk, which can be decreased with the vaccine.

For those with newborns, the 2015 Recommended Immunization chart is available on the CDC website. If you would like a copy of any of the vaccine schedules available from the CDC, we are happy to print these for you and talk about this information with you.



It is very important for pregnant women to be up to date on vaccines prior to becoming pregnant, to give the baby and mother the best protection during the pregnancy. It is safe to receive inactivated vaccines such as certain flu vaccines and the **Tdap** vaccine during the pregnancy. The flu vaccine should be given to everyone during flu season, to help protect everyone who is at high risk.

The Tdap (tetanus, diphtheria, pertussis) vaccine should ideally be given between 27 and 36 weeks of pregnancy for the mother and child's immunity.

#### Staying healthy while you travel

#### **Employers**

Flu season is coming soon! It's time to schedule your annual flu vaccine clinic with Sand Run Pharmacy!



Last minute travels this summer? Make sure you stay healthy away from home. Sitting on planes, trains, or buses next to people who are coughing and sneezing doesn't have to spoil your vacation. Preventative immune health products such as Airborne or Viracid may be an option for you.. These two products have worked very well for the staff when either trying to fight off an illness or trying to prevent one. Ask the staff what is a good choice for you!



## Sand Run Pharmacy Labor day Hours:

Saturday, September 5th: 9am to 2pm Sunday, September 6th: **Closed** Monday, September 7th : **Closed** Tuesday, September 8th: 9am to 7pm

Labor Day, September 7th! Feel free to call us if you have any questions!





We will begin administering flu vaccines to patients at Sand Run Pharmacy on September 1st.



#### **Congratulations Mike**

Mike our Transportation Director at Sand Run Pharmacy is also one of Akron's premier upcoming artists. He recently received third place in AkronLife's Best of 2015 for Best Local Fine Artist. If you see Mike delivering your prescriptions, don't forget to congratulate him on his achievement.







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