

# SAND RUN PHARMACY

Newsletter

December 2014

## Preparing for Cold/Flu Season

Sand Run Pharmacy is carrying three new products that could help you prevent colds and viruses this season!



### WholeMune

- ◆ **Busy schedule this holiday season? In a hurry? Not enough sleep? Not eating healthy?**
  - High stress levels, poor diet, lack of sleep and environment pollutants can slow down the immune response
- ◆ **Plan on traveling or going on a business trip?**
  - **WholeMune** helps protect your immune system all season long
- ◆ **Too much stress this time of year?**
  - 10 capsule blister pack, great for traveling or use them as stocking stuffers
  - Also comes in a bottle of 30 capsules

### Viracid

- ◆ **Getting coughed on by your seat mate on a plane?**
  - Timing of the flu is unpredictable
  - **Viracid's** response is fast-acting for your immune system
- ◆ **Coworkers coughing and have the sniffles?**
  - Provides immediate support for immune challenges
- ◆ **Feeling a cold/flu coming on?**
  - Take 2 capsules every other hour for six hours

## Cold vs. Flu

Questions to ask...	Flu	Cold
Was your onset of illness...	Sudden	Gradual
Do you have...	High Fever	Low Fever
Is your fatigue level...	Severe	Mild
Is your cough...	Severe	Moderate
Is your throat...	Sore	Sore
Is your head...	Achy	No Aches
Is your appetite...	Decreased	Decreased
Are your muscles...	Achy	No Aches
Do you have...	Chills	No Chills

- Available in a 12 capsule blister pack, great for traveling or carrying with you
- Also comes in a bottle of 30 capsules

### Imu-Max Liquid

- ◆ **Someone always passing around a cold?**
  - Nice to have on hand with little ones running around during cold and flu season
- ◆ **Unable to swallow a pill?**
  - Liquid product for kids or adults
  - Great berry taste
  - Easy to dose

Stop in and see our new products. For questions ask our friendly staff for assistance.

### Ortho Molecular Products

#### Do Not Contain:

- ◆ **Wheat, gluten, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.**
- ◆ **Can use these products with other medications.**
- ◆ **Non-drowsy**



# Happy Holidays

From

# Sand Run Pharmacy

### Holiday Hours:

Wednesday, December 24th:

Open, 9am - 3pm, Christmas Eve

Thursday, December 25th:

**Closed, Christmas Day!**

Friday, December 26th:

Open, 9am - 7pm

Wednesday, December 31st:

Open, 9am - 3pm, New Year's Eve

Thursday, January 1st:

**Closed, New Year's Day**

Friday, January 2nd:

Open, 9am - 7pm



**Don't forget to get your boxed Christmas Cards!  
50% off**

## *Temo's Chocolates*



**Christmas Temo's are Here!**

**Only \$24.99**

**Wagner's Assorted Chocolates and The Peanut Shoppe boxed nuts are also available!**

### Flu Season

If you haven't stopped in to get your flu shot yet, come visit us! No appointments are necessary. Flu shots are available anytime during pharmacy hours.



### **Hours of Operation:**

Monday - Friday: 9am to 7pm

Saturday: 9am to 2pm

Sunday: Closed

