

Guide to Adult Immunizations

CDC Suggested Adult Immunizations 19-65 years old

- Influenza **
 - 1 dose yearly, often Oct-May
 - Covered by most insurances* (co-payment or \$15-40)
- Tetanus, diphtheria, pertussis (Td/Tdap)**
 - 1 Tdap (early = better) given once
 - 1 Td booster every 10 years
 - Covered by most insurances* (co-payment or \$25-60)
- Varicella
 - 2 doses
 - Covered by most insurances* (co-payment or \$150-200)
- Human Papillomavirus (HPV) female
 - 3 doses given between ages 19-26
 - Covered by most insurances* (co-payment per shot or \$130 per shot)
- Human Papillomavirus (HPV) males
 - 3 doses given between ages 19-26
 - Same as HPV for females
- Zoster**
 - 1 dose may start at age 50, recommended 60
 - Most insurances* (co-payment or \$200-250)
- Measles, mumps, rubella (MMR)
 - 1-2 doses given between ages 19-55, only 1 dose needed if >55
 - Same as Varicella
- Pneumococcal**
 - 1-2 doses needed only if high risk
 - Most insurances* (co-payment or \$60-65)
- Meningococcal
 - 1+ doses needed only if high risk
 - Most insurances* (co-payment or \$100-150)
- Hepatitis A**
 - 2 doses needed only if high risk
 - Some insurances* (co-payment or \$60-300)
- Hepatitis B**
 - 3 doses needed only if high risk
 - Some insurances* (co-payment or \$120-370)

Contraindications: Varicella, Zoster, and MMR not to be used in persons who are pregnant or are immunocompromised (HIV, AIDS)

** May be administered by a certified pharmacist, all vaccines should be otherwise be available through your primary physician

* Most insurances refers to nation wide insurances questioned (Aetna, Medica, Blue Cross and Blue Shield, United Healthcare etc.)

Co-payments are decided by insurance carrier and cash prices are based on national averages